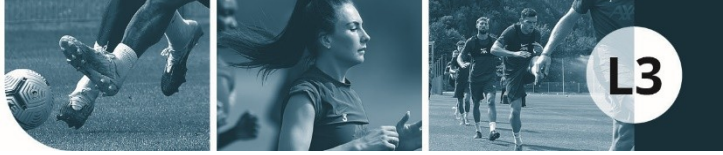
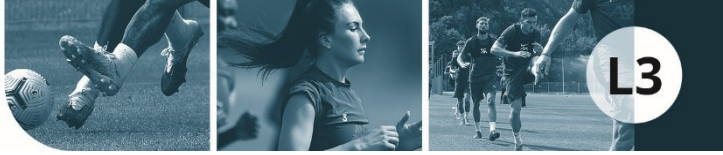


BTEC Assignment Brief

Qualification	Pearson BTEC Level 3 International Qualifications in Sport
Unit number and title	Unit 35: Practical Sports Performance
Learning aim	**A: Explore skills, techniques and tactics required in selected sports**
Assignment title	A report evaluating how participants use skills, techniques and tactics in individual and team sports
Assessor	
Issue date	
Hand in deadline	

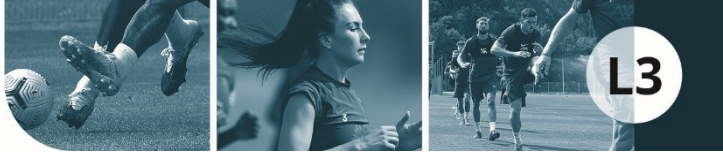
Vocational Scenario or Context	You are a football player for your local clubs second team. You have an interest in improving your own sports performance so that you can try for a place on the first team, it's very competitive and you want to try different skills, techniques and tactics to become the best player you can. You ask the senior club coach if you can watch the first team train to see differences in their performance to your own. The coach agrees on the proviso that you write a report which evaluates the players skills, techniques and tactics so that they can share this information with the team.
Task 1	A report evaluating how participants use skills, techniques and tactics required in individual or team sports, justifying why these are suitable for the sports performance. Your report should include an evaluation of how participants use skills, techniques and tactics required in an individual or a team sport. You should make justifications about why these are suitable for the sports performance. You should use a variety of information to consider strengths, weaknesses and difficulties in applying specific skills and techniques and how these change from isolated practices to competitive situations. You should consider the significance of different tactics in a competitive situation and the strengths, weaknesses, advantages and disadvantages when implementing the tactics. **A summary of the suggested content for each section follows:** **Section 1: Individual and team sports** • Individual sports that have a National Governing Body and a set of rules specific to the sport • Individual sports • Team sports that have a National Governing Body



	and a set of rules specific to the sport • Team sports **Section 2: Classification of skills required in sport** • Continuous • Serial • Discrete **A3 Skills and techniques required to perform in a sport** • These are the skills required in specific sports, and the applied technique of the skill for effective participation • Skills: o continuous skills o serial skills o discrete skills o attacking skills o defensive skills. • Techniques **Section 4: Tactical demands applied in sports performance** • Defending and attacking • Decision making • Communication • Environmental conditions
Checklist of evidence required	A report evaluating how participants use skills, techniques and tactics required in individual or team sports, covering the following information: • Individual or team sports • Classification of skills required in sport • Skills and techniques required to perform in an individual or team sport • Tactical demands applied in sports performance

Criteria covered by this task:	
Unit/Criteria reference	To achieve the criteria you must show that you are able to:
A.P1	Describe skills, techniques and tactics required in an individual sport or a team sport
A.M1	Explain skills, techniques and tactics required in an individual or a team sport.
A.D1	Evaluate how participants use skills, techniques and tactics required in individual or a team sport, justifying why these are suitable for the sports performance.

Sources of information to support you with this Assignment	**Textbooks** Adams, M. et al – BTEC Level 3 National Sport (Performance and Excellence) Student Book (Pearson, 2016) ISBN



	9781292134000 Bull S – *Sport Psychology: A Self-Help Guide* (Crowood, 2004) ISBN 9781852235680 Carling C, Reilly T and Williams A – *Performance Assessment for Field Sports: Physiological, Psychological and Match Notational Assessment in Practice* (Taylor and Francis, 2008) ISBN 9780415426848 Hall S – *Basic Biomechanics* (Mcgraw-Hill Education, 2014) ISBN 9781259095535 Hughes M – *Essentials of Performance Analysis in Sport* (Routledge, 2015) ISBN 9781138022997 Hughes M and Franks I – *Notational Analysis of Sport* (Routledge, 2004) ISBN 9780415290050 Jones R, Hughes M and Kieran Kingston K – *An Introduction to Sports Coaching: From Science and Theory to Practice* (Routledge, 2013) ISBN 9780415694919 O'Donoghue P – *An Introduction to Performance Analysis of Sport* (Routledge, 2014) ISBN 9780415739863
Other assessment materials attached to this Assignment Brief	